

Essay Writing Assignment: Researching and Reflecting on My Learning Challenges

Building Your Essay: From Research to Writing

Step 3: Writing Your Essay

- Write a clear introduction that presents the learning challenge you selected and explains its relevance to your academic progress.
- Develop your main body paragraphs by discussing:
 - The reasons this learning problem has affected your studies.
 - Possible strategies to overcome the problem and Insights gained from the book and journal article you selected.
- Write a conclusion that summarizes your reflection on the learning challenge and suggests future actions for improvement.

Step 4: Citing Sources

- When using ideas or information from your chosen book and journal article, make sure to apply correct in-text citation according to APA style.
- Compile a reference list at the end of your essay including your two sources, formatted according to APA guidelines.

Formatting instructions

Paper Formatting Instructions (APA 7th Edition)

- Font: Use a readable font such as Times New Roman (12 pt), Arial (11 pt), or Calibri (11 pt).
- Margins: Use 1-inch (2.54 cm) margins on all sides.
- Spacing: Double-space the entire document, including the reference list.
- Alignment: Align the text to the left and leave the right margin uneven (do not justify).
- Paragraph Indentation: Indent the first line of every paragraph by 0.5 inches.
- Page Numbers: Insert page numbers in the top right corner of each page.
- write your name and group by the end of the document