

Essay Writing Assignment: Researching and Reflecting on My Learning Challenges

Building Your Essay: From Research to Writing

Step 2: Research Reliable Sources

- Find **one book** and **one journal article** related to your chosen learning problem.
- Provide **full bibliographical information** for both sources:
 - **For the book:** Author(s), title, year of publication, edition (if applicable), publisher, and place of publication.
 - **For the journal article:** Author(s), title of the article, journal name, volume, issue, year, and page numbers.
- Write a **short explanation** of how the book and the article will help you in writing your essay.