Example of VARK TEST from vark-learn.com/

VARK Questionnaire version 8.02

Choose the answer which best explains your preference and click the box next to it. Please click more than one if a single answer does not match your perception. Leave blank any question that does not apply.

I prefer a presenter or a teacher who uses:

- diagrams, charts, maps or graphs.
- demonstrations, models or practical sessions.
- question and answer, talk, group discussion, or guest speakers.
- handouts, books, or readings.

When choosing a career or area of study, these are important for me:

- Communicating with others through discussion.
- □ Using words well in written communications.
- □ Working with designs, maps or charts.
- Applying my knowledge in real situations.

I want to learn how to take better photos. I would:

- use examples of good and poor photos showing how to improve them.
- \square use diagrams showing the camera and what each part does.
- \square ask questions and talk about the camera and its features.
- \square use the written instructions about what to do.
- I have finished a competition or test and I would like some feedback:
- □ using graphs showing how my performance has improved.

□ using a written description of my results.

 \square from somebody who talks it through with me.

using examples from what I have done.

A website has a video showing how to make a special graph or chart. There is a person speaking, some lists and words describing what to do and some diagrams. I would learn most from:

| watching | the | actions. |
|----------|-----|----------|
| | | |

listening.

| reading | the | words. |
|---------|-----|--------|
| roading | | |

 \square seeing the diagrams.

I want to learn about a new project. I would ask for:

| an opportunity | to | discuss | the | project. |
|----------------|----|---------|-----|----------|

a written report describing the main features of the project.

 \square diagrams to show the project stages with charts of benefits and costs.

 \square examples where the project has been used successfully.

When finding my way, I:

 $\hfill head in the general direction to see if I can find my destination without instructions..$

 \square like to read instructions from GPS or instructions that have been written.

rely on paper maps or GPS maps.

□ rely on verbal instructions from GPS or from someone traveling with me.

I want to find out about a house or an apartment. Before visiting it I would want:

- \square to view a video of the property.
- \square a plan showing the rooms and a map of the area.
- \square a discussion with the owner.
- \square a printed description of the rooms and features.

I want to learn to do something new on a computer. I would:

- \square start using it and learn by trial and error.
- \square follow the diagrams in a book.
- \square read the written instructions that came with the program.
- \square talk with people who know about the program.

When I am learning I:

- □ read books, articles and handouts.
- use examples and applications.
- \square see patterns in things.
- \Box like to talk things through.

I have been advised by the doctor that I have a medical problem and I have some questions about it. I would:

- □ look at a diagram showing what was wrong.
- \square read an article that explains the problem.
- have a detailed discussion with my doctor.
- use a 3D model to see what is wrong.

When learning from the Internet I like:

 \square podcasts and videos where I can listen to experts.

 \square videos showing how to do things.

detailed articles.

interesting design and visual features.

I want to learn how to play a new board game or card game. I would:

□ listen to somebody explaining it and ask questions.

 $\hfill\square$ use the diagrams that explain the various stages, moves and strategies in the game.

 \square watch others play the game before joining in.

 \square read the instructions.

I want to find out more about a tour that I am going on. I would:

 $\hfill \Box$ talk with the person who planned the tour or others who are going on the tour.

 \square look at details about the highlights and activities on the tour.

 \square use a map and see where the places are.

 \square read about the tour on the itinerary.

I am having trouble assembling a wooden table that came in parts (kitset). I would:

 \square read the instructions that came with the table.

 \square watch a video of a person assembling a similar table.

 \square ask for advice from someone who assembles furniture.

 \square study diagrams showing each stage of the assembly.

I want to save more money and to decide between a range of options. I would:

- \square talk with an expert about the options.
- □ consider examples of each option using my financial information.
- \square read a print brochure that describes the options in detail.
- \square use graphs showing different options for different time periods.