Level: Master One


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## TESTING YOUR LEVEL

## CHOOSE THE CORRECT ANSWER

1) I $\qquad$ 18 years old.
a) have
b) am
c) has
d) is
2) My name $\qquad$ Anis.
a) are
b) called
c) is
d) says
3) "Are you busy?" - "Yes $\qquad$ ."
a) I've
b) I have
c) I'm
d) I am
4) We're students. That's $\qquad$ classroom.
a) us
b) our
c) is
d) the we
5) "What are those?" - "........ my pens."
a) They is
b) They're
c) Those
d) It's
6) What are $\qquad$ names?
a) they
b) them
c) their
d) they're
7) There are 60 minutes in $\qquad$ hour.
a) much
b) a
c) some
d) an
8) There are $\qquad$ apples in that bag.
a) any
b) some
c) $a$
d) an
9) I've got $\qquad$ free time this afternoon.
a) lots of
b) any
c) a lot
d) a
10) I saw two $\qquad$ at the bus stop.
a) mans
b) man
c) mens
d) men
11) "Hello! How are you?" - " $\qquad$ "
a) I'm fine
b) I'm very
c) I'm very fine
d) Thanks.
12) There's a nice picture $\qquad$ the wall.
a) in
b) on
c) from
d) at
13) Where do you $\qquad$ ?
a) lived
b) live
c) lives
d) living
14) "Where's Sam?" - "He's $\qquad$ ."
a) in home
b) in the home
c) his home
d) at home
15) They're talking $\qquad$ the football match.
a) on
b) for
c) about
d) from
16) I'm always tired $\qquad$ the morning , mum Saturdays.
a) in / at
b) in / on
c) on / at
d) at / in
17) A: Were you in bed $\qquad$ Sunday afternoon?

B: Oh, no. I only sleep $\qquad$ night.
a) in/in
b) in / on
c) on/in
d) on / at
18) Please $\qquad$ careful!
a) be
b) you
c) do
d) you be
19) Don't $\qquad$ !
a) late
b) you late
c) be late
d) late you
20) My $\qquad$ name is Peter.
a) father's
b) father is
c) of father
d) father

## Full name:



Here are 5 simple rules to help you avoid mistakes in English grammar.

## I) Grammar Rules

1. A sentence starts with a capital letter and ends with a period/full stop, a question mark or an exclamation mark.

## Punctuation Marks

The following table of commonly used English punctuation marks shows:

- a graphical representation of each punctation mark (black) with text block (grey)
- name of punctuation mark with link to more information
- very simple example sentence (more examples on individual pages)

| punctuation <br> mark | name | example |  |
| :--- | :--- | :--- | :--- |
|  |  | full stop or <br> period | I like English. |
|  |  | comma | I speak English, French and Thai. |
|  | $\ddots$ | semi-colon | I don't often go swimming; I prefer to <br> play tennis. |
| $\boldsymbol{9}$ |  |  |  |
|  |  |  |  |

2. The order of a basic positive sentence is Subject-Verb-Object. And the subject and verb must agree in number, that is a singular subject needs a singular verb and a plural subject needs a plural verb.

- John practices Tennis.
- Mahrez plays in Manchester City FC.

3. Adjectives usually come before a noun

- I have a big dog.
- Messi is a famous Argentinian football player.

4. Use the indefinite article $a / a n$ for countable nouns in general. Use the definite article the for specific countable nouns and all uncountable nouns.

- I saw a bird and a balloon in the sky. The bird was blue and the balloon was yellow.
- He always saves some of the money that he earns.

5. Use the indefinite article $a$ with words beginning with a consonant sound. Use the indefinite article an with words beginning with a vowel sound.

- a cat, a game of golf, a human, a Frenchman, a university (you-ni-ver-si-ty)
- an apple, an easy job, an interesting story, an old man, an umbella, an honorable man (on-o-ra-ble)


### 1.1 Grammar Rules Quiz

1. The first letter of the first word in a sentence should bea large letter
a capital letter
2. The order of a basic positive sentence isSubject-Verb-Object
Verb-Object-Subject
3. The terms "its" and "it's" have
the same meaning
different meanings
4. Which is correct?You're looking good
Your looking good
5. Adjectives usually comebefore a nounafter a noun

Answers: 1. A capital letter 2.SVO 3. Different meaning
4. You're looking good 5. Before a noun

### 1.2 Parts of Speech

## What is a Part of Speech?

We can categorize English words into 9 basic types called "parts of speech" or "word classes". It's quite important to recognize parts of speech. This helps you to analyze sentences and understand them. It also helps you to construct good sentences.

| part of <br> speech | function or <br> "job" | example <br> words | example sentences |
| :--- | :--- | :--- | :--- |
| Verb | action or state | (to) be, have, <br> do, like, work, <br> sing, can, <br> must | EnglishClub is a web <br> site. I like <br> EnglishClub. |
| Noun | thing or person | pen, dog, <br> work, music, <br> town, London, <br> teacher, John | This is my dog. He <br> lives in my house. We <br> live in London. |
| Adjective | describes a <br> noun | good, big, red, <br> well, <br> interesting | My dogs are big. I like <br> big dogs. |
| Determiner | limits or <br> "determines" a <br> noun | a/an, the, 2, <br> some, many | I have two dogs and <br> some rabbits. |
| Adverb | describes a <br> verb, adjective <br> or adverb | quickly, <br> silently, well, <br> badly, very, <br> really | My dog eats quickly. <br> When he is very <br> hungry, he eats really <br> quickly. |


| Pronoun | replaces a noun | I, you, he, she, <br> some | Tara is Indian. She is <br> beautiful. |
| :--- | :--- | :--- | :--- |
| Preposition | links a noun to <br> another word | to, at, after, <br> on, but | We went to school on <br> Monday. |
| Conjunction | joins clauses or <br> sentences or <br> words | and, but, <br> when | I like dogs and I like <br> cats. I like cats and <br> dogs. I like dogs but I <br> don't like cats. |
| Interjection | short <br> exclamation, <br> sometimes <br> inserted into a <br> sentence | well <br> oh!, ouch!, hi!, | Ouch! That hurts! Hi! <br> How are you? Well, I <br> don't know. |

## Parts of Speech Examples

Here are some examples of sentences made with different English parts of speech:

| verb |
| :--- |
| Stop! |


| noun | verb |
| :--- | :--- |
| John | works. |


| noun | verb | verb |
| :--- | :--- | :--- |
| John | is | working. |


| pronoun | verb | noun |
| :--- | :--- | :--- |
| She | loves | animals. |


| noun | verb | noun | adverb |
| :--- | :--- | :--- | :--- |
| Tara | speaks | English | well. |


| noun | verb | adjective | noun |
| :--- | :--- | :--- | :--- |
| Tara | speaks | good | English. |


| pronoun | verb | preposition | determiner | noun | adverb |
| :--- | :--- | :--- | :--- | :--- | :--- |
| She | ran | to | the | station | quickly. |


| pron. | verb | adj. | noun | conjunction | pron. | verb | pron. |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| She | likes | big | snakes | but | I | hate | them. |


| word | part of speech | example |
| :--- | :--- | :--- |
| work | noun | My work is easy. |
|  | verb | I work in London. |
|  | conjunction | John came but Mary didn't come. |
|  | preposition | Everyone came but Mary. |
| well | adjective | Are you well? |
|  | interjection | She speaks well. |
| afternoon | noun | Well! That's expensive! |
|  | noun acting as adjective | We had afternoon tea. |

### 1.2.1 Part of Speech Quiz

1. I bought a beautiful dress at the mall.prepositionadjectivenoun
2. What did she ask you to do?conjunctionpreposition
pronoun
3. I left my shoes under the kitchen table.adjectiveprepositionpronoun
4. If we finish our work quickly we can go to the movies.adverbconjunctionverb

## Answers:

| 1. Adjective | 2. Pronoun 3. Preposition | 4. Adverb |
| :--- | :--- | :--- |
| 5. Verb | 6. Noun 7.Verb | 8. Interjection |
| 9. Conjunction | 10. Preposition |  |

5. On Saturdays I work from nine to five.verbprepositionadverb
6. I want to go to a university in the United States.adjectiveprepositionnoun
7. I'm sure I've met your
friend before.verbprepositioninterjection
8. Well, I don't think I'll be home before 6 .
onterjection

- prepositionpronoun

9. Andy knocked on the door but nobody answered.adverbadjective
conjunction
10. After lunch let's go out for a coffee.pronounprepositionverb

### 1.3 Verb Forms

In this lesson we look at the forms of main verbs and helping verbs followed by a quiz to check your understanding.

|  | base <br> v1 | past <br> simple <br> v2 | past <br> participle <br> v3 | present <br> participle | 3rd person <br> singular <br> present <br> simple | $\#$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| reg. | work | worked |  | working | works | 4 |
| irreg. | cut |  | cutting | cuts | 3 |  |
|  | make | made |  | making | makes | 4 |
|  | sing | sang | sung | singing | sings | 5 |
|  | have | had | having | has | 4 |  |
|  | do | did | done | doing | does | 5 |
|  | base | past <br> simple <br> (2 forms) | past <br> participle | present <br> participle | present <br> simple <br> (3 forms) | $\#$ |
|  | be | was <br> were | been | being | am <br> are <br> is | 8 |
|  |  |  |  |  |  |  |

Remark: Most verbs have 3, 4 or 5 forms. But the verb "be" has 8 forms.
In the above examples:

- cut has 3 forms: cut, cutting, cuts
- work has 4 forms: work, worked, working, works
- sing has 5 forms: sing, sang, sung, singing, sings
- be has 8 forms: be, was, were, been, being, am, is, are


### 1.3.1 Verb Forms Quiz

1. A bird sang to me this morning.
third person singular present
past simple
base
2. They have been playing tennis all day.
base
present participle
present simple
3. I don't think he will guess the answer.
past simple
third person singular presentbase
4. Have you baked the cookies yet?
base
past participle
present participle

Answers: 1. past simple 2. present participle 3.base 4.base
5. past participle 6. base 7. third person singular present
8. present participle 9. past simple 10. third person singular present
5. Had they finished before you arrived?past simplebase
past participle
6. I asked your brother to drive us there.basepast simplepresent participle
7. It is a sunny day today.past simplethird person singular presentpast participle
8. We are in the kitchen doing the dishes.present simplepresent participlebase
9. He was feeding the dogs.basepast simplepast participle
10. He walks to my car with me at night.
present participle
third person singular presentbase

### 1.4 Irregular Verbs List with Translation into Arabic

## Irregular verbs

| Infinitive | Simple Past | Past Participle | Infinitive | Simple Past | Past Participle |
| :---: | :---: | :---: | :---: | :---: | :---: |
| be | was, were | been | lend | lent | lent |
| beat | beat | beaten | let $2=$ | let | let |
| become | became | become | lie | lay | lain |
| begin | began | begun | light | lit | lit |
| bite | bit | bitten | lose | lost | lost |
| blow هبا | blew | blown | make | made | made |
| break | broke | broken | mean | meant | meant |
| bring بِج | brought | brought | meet بقآبل | met | met |
| build بيبّ | built | built | pay | paid | paid |
| buy | bought | bought | put | put | put |
| catch | caught | caught | read بِّ | read | read |
| choose | chose | chosen | ride | rode | ridden |
| come | came | come | ring | rang | rung |
| cost | cost | cost | rise بركّع | rose | risen |
| cut | cut | cut | run بِري | ran | run |
| dig | dug | dug | say | said | said |
| do | did | done | see | saw | seen |
| draw يرس | drew | drawn | sell | sold | sold |
| drink | drank | drunk | send | sent | sent |
| drive | drove | driven | shake | shook | shaken |
| eat | ate | eaten | shut | shut | shut |
| fall | fell | fallen | sing | sang | sung |
| feed | fed | fed | sink | sank | sunk |
| feel | felt | felt | sit | sat | sat |
| fight | fought | fought | sleep | slept | slept |
| find | found | found | speak yix | spoke | spoken |
| fly | flew | flown | spend | spent | spent |
| forget | forgot | forgotten | spread | spread | spread |
| get |  | gotten/got | stand | stood | stood |
| give | gave | given | steal | stole | stolen |
| go | went | gone | sweep | swept | swept |
|  have | grew had | grown had | SWim | took | taken |
| hear | heard | heard | teach | taught | taught |
| hide بخفى | hid | hidden | tell | told | told |
| hit | hit | hit | think | thought | thought |
| hold | held | held | throw | threw | thrown |
| hurt | hurt | hurt | understand ب\% | understood | understood |
| keep | kept | kept | wake | woke | woken |
| kneel | knelt | knelt | wear | wore | worn |
| know | knew | known | win | won | won |
| lead (ص) | led | led | write | wrote | written |
| leave | left | left |  |  |  |

### 1.4.1 Irregular Verbs Quiz

Choose the correct form of the verb in each sentence:

1. Have you $\qquad$ your lost dog yet?
find
found
2. She spoke too softly. I couldn't $\qquad$ her.
hear
heard
3. But we heard everything she $\qquad$ .
saysaid
4. We went shopping and I $\qquad$ a new pair of jeans.buybought
5. Did you $\qquad$ well last night?
sleepslept
6. What's that smell? You didn't $\qquad$ the sausages, did you?burn
burnt
7. You haven't $\qquad$ all that money already, have you?
spendspent
8. The holes must 've been $\qquad$ by our neighbour's dog.
dig dug
9. When did you start to $\qquad$ English?learn
learnt
10. Luckily I had $\qquad$ my savings in the bank instead of buying shares.
keep
kept

Answers: 1.found 2. hear 3. said 4.bought 5. sleep
6. sleep
7. spent
8. dug
9. learn
10. kept

## II) English Vocabulary

### 2.1 General Sports Vocabulary

## amateur

The Olympic Games were originally for amateur athletes only. engaged in something, like playing sports, without payment; nonprofessional

## award

All the members of the winning team were awarded a gold medal. to give someone something as a reward for high achievement

## beat

Italy beat France to win the 2006 FIFA World Cup.
to defeat someone in a game or a competition

## coach

Players should carry out their coach's instructions during a game. a person who trains and directs an athlete or a sports team

## cup

After they won the final game, the winners were awarded the Championship Cup. a cup-shaped trophy, awarded as a prize in a contest

## defeat

Our players were very happy after they defeated their opponents in the final game.
to win a victory over opponents in a game or contest; to beat

## draw

The score was 1-0, but the losing team got a late goal and the game ended in a 11 draw.
to finish a contest or game with an even score; tie

## fan

Sometimes the umpire of a tennis match has to tell noisy fans to be quiet. a person who supports a particular sport, team or player

## offside

Forwards have to learn how to avoid being caught in an offside position. In an illegal position ahead of the ball (in football, rugby, hockey, etc.)

## opponent

Roger Federer's opponent in the Wimbledon final was Rafael Nadal. the person one competes against in a contest or a game; rival
penalty
The penalty for abusing a referee is usually a one-match suspension. a punishment imposed on a player or team for breaking the rules of a sport

## referee

The referee saw a foul, blew his whistle and awarded a free kick. a sports official with authority to make rulings during a contest

## trophy

The players carried the trophy over their heads as they ran around the stadium. a decorative object awarded as a prize in a contest or a tournament

## victory

The players had worked very hard, and they deserved their victory. the act of winning a game or contest

## whistle

The referee blew his whistle twice to signal the end of the match. a small instrument that makes a high-pitched noise when blown

### 2.1.1 General Sports Vocabulary Quiz

1. A tennis player serves the ball to his or her

- teammate
- opponent
- referee

2. Golf is played on a golf

- field
- court
- course

3. What do Rugby players often do to their opponents?

- hug them
- tackle them
owhistle them

4. The scores were tied at the end, so the game was a

- draw
- victory
- defeat

5. After winning the tournament, Anna held up her

- victory
- trophy
- pride

6. Which of these words is the opposite of "professional"?

- terrible
- leisure
- amateur

7. The referee should award a penalty if a player breaks one of the

- rules
- records
- opponents

8. In athletics, the 400 metre race is one of the most exciting

- tournaments
- games
- events

9. Which of these words has a similar meaning to "tactics"?

- talent
- strategy
- fitness

10. A swimming coach's job is to

- train swimmers
- rescue swimmers
- cheer on swimmers

Correct answers:

1. opponent 2. course
2. draw 5 . trophy
3. amateur 7. rules
4. events
5. strategy
6. train swimmers

### 2.3 Olympic Games Vocabulary The Modern Olympics

## Olympic Games Revived

The idea to revive the Olympic Games was suggested in the mid-nineteenth century, and by 1894 the International Olympic Committee (IOC) was formed. Then in 1896 the first modern Olympic Games were held in Athens, Greece.

The modern version of the games involves two competitions; the Summer Olympics and the Winter Olympics. These are separate events which take place in different years and in different locations.

The Summer Olympics is a much bigger competition and includes events such as athletics (or 'track and field'), swimming, diving, boxing, wrestling, cycling, basketball, sailing, rowing, football, hockey, tennis, equestrian, shooting, weightlifting, gymnastics, etc. It occurs every four years.

The Winter Olympics includes events such as skiing, ski jumping, speed skating, figure skating, ice hockey, curling, bob sleigh, etc. The Winter Olympics also occurs every four years (but separated from the Summer Olympics by two years).

Since 1960, the Paralympic Games have been held in the same year as the Olympic Games. The Paralympics are for athletes with physical disabilities, with events ranging from basketball, archery and tennis for wheelchair athletes to swimming and running events for athletes missing one or more limbs. There are both Summer Paralympics and Winter Paralympics, and they are held just after their respective Olympic Games.

### 2.3.1 Olympic Games Vocabulary Quiz

1. The Olympic Games are $\qquad$ every four years.putmadeheld
2. The IOC is the International Olympics $\qquad$ .CompetitionCommitteeCommunity
3. Where will the next Winter Olympics take $\qquad$ ?placeoverup
4. Athletes go to the Olympic Games to $\qquad$ their country.symbolizesupportrepresent
Correct answers:

| 1. held | 2. Committee | 3. place | 4. represent | 5. events |
| :--- | :--- | :--- | :--- | :--- |
| 6. ceremonies | 7. spectators | 8. score | 9. spirit | 10. ability |

5. The swimming $\qquad$ are being held in a newly-built pool.gamescompetitorsevents
6. Medals are presented during the awards $\qquad$ .paradesceremoniescelebrations
7. Thousands of $\qquad$ were cheering on their favourite athletes.sponsorsrefereesspectators
8. In events like diving and gymnastics, judges give each performance a $\qquad$ .pointscorecheer
9. The Olympics are often called a celebration of the human $\qquad$ .spiritbeingbody
10. Athletes try to perform to the best of their $\qquad$ .imagespiritability

### 2.3 Writing an Email



Thanks for your email. You do lots of sports at school in Canada. I'd love to play ice hockey one day.

We do lots of sports at our school too. We've got a swimming pool at school and our class go swimming every Wednesday. We also play tennis, volleyball and football, but football in Australia is different to soccer. You can touch the ball with your hands!

There are lots of after-school sports clubs in Australia too. I go to a surfing club after school on Tuesdays and Thursdays. We go to the beach and learn how to surf. It's great fun! Can you surf in your country?

## Write to you soon,

Rob
Send Save Cancel

## Top Tips for writing

1. Begin your email 'Dear' + name.
2. Begin your email with thanks or the reason you are writing.
3. This paragraph has got one idea.
4. This paragraph has got another idea.
5. End your email Write to you soon, + your name.

Sincerely,
Yours,

### 2.3.1 Writing an Email Quiz

## An email about sports

Are the sentences true or false?

1. Rob is from Canada.

True False
2. Rob wants to try ice hockey.
(1) True

False
3. There is a swimming pool at Rob's school.
(1) True

False
4. Rob goes swimming on Tuesday and Thursday afternoons.

True
False
5. Rob thinks football in Australia and soccer are the same.

D True
False
6. Rob often goes to the beach.
(0) True

False

Answers: 1. False 2 . True 3.True 4.False 5. False 6. True

### 2.4 Learn English Vocabulary of Sports \& Hobbies

| archery, shooting | رمايةّ |
| :---: | :---: |
| skating | "زلج |
| running | علو |
| cricket | كر |
| polo | بولو |
| horseback riding | ركوب الخيل |
| boxing | مـلاكمة |
| wrestling | مصنارعة |
| weightlifting | رفع الألثّال |
| cycling | ركوب الدراتصات |
| swimming | سباحبّ |
| diving | غضس |
| rowing | تصلصنف |
| surfing | ركوب الأمواج |

FIFA
amateur professional
(American) football
basketball
volleyball
baseball
tennis
hockey
martial arts
skiing
ice-skating
golf
gymnastics
mountain-climbing

الاتحاد الدولي لكرة القدم هـاوي مصترف
كرة القدم الأمريكية
كرة السـلة
كرة الطائرة
بيسبن
كرة المضرب
هوكي
ألعاب القتال تزلج

غولف
جمباز
تسلق الجبال
side line
off-side
goal post
crossbar
goal
خط التماس
off-side
goal post
crossbar
goal

هدف (ج) أهداف
(two) consecutive goals
player
team captain
midfielder
goalkeeper
attacker
defender
forward
striker
winger

هدفان متتاليان لاعب (ع) لاعبفن قائد القريق لاعب الوسط حارس المرمىى مـهاجم مدافع أمـامـي ضـارب لاعب جناع
referee
trainer or coach
(a) kick, shot
free kick
(in)direct free kick
penalty kick
corner kick
goal kick
header
to dive - a dive
to win
victory
to lose (loss)
to score a goal

$$
\begin{aligned}
& \text { ضربة } \\
& \text { ضربة حرة } \\
& \text { ضنربة حرة (غير) } \\
& \text { مباشرة } \\
& \text { ضربة جزاء | ترجيح } \\
& \text { ضربة رأس }
\end{aligned}
$$

$$
\begin{aligned}
& \text { كسب - يكسب } \\
& \text { (كسب) } \\
& \text { فوز } \\
& \text { خسر - يخسر } \\
& \text { (خسـارة) }
\end{aligned}
$$

to pass (the ball)
(a) pass
foul
to eliminate/beat (a team)
to ascend (to the final)
to equalize
a tie
a scoreless tie
yellow card
red card
the first half
the second half
half-time

World Cup

مزّ - يمزّ (تمرير) (الكرة)
خطاء (ع) أخطاء
طاح - يطيح
صعد - يصعد
(صعود) (للنهاية)
سوىي - يسوية (تسوية

تعادل
تعادل سلبي

بطاقة صفراء
بطاقة حمراء
الشوط الأول
الشوط الثاني
الاستراحة
كأس العالم
to compete (with each other)
to advance (or progress)
to move (reflexive)
to take a walk
to run
to climb
to swim
to sail
fitness
(an) exercise
exercise
warm-up
to lose weight
competition
race
lap (on a track)
championship
champion

تقدم - يتقدم (تقدم)
تحرك - يترحرك
(تحرك)
تمشى - يتمش

$$
\begin{array}{r}
\text { (تسلق - - يتريلق (جري) } \\
\text { (تسلق }
\end{array}
$$


(سباحة)
أقلع - يقلع (اقاعع)
اللياقة البدنية
تمرين (؟) تمارين
تمارين رياضية
تسخين
فقد - يفقد (فقد)
الوزن منافسة

مسـابقة
سباق
لفة (ع) لغات
بطولة
بطل (ع) أبطال

