Mohamed Kheider University of Biskra Institute of Sciences and Techniques of Physical and Sports Activities Department of Physical Education First Year Master Syllabus

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First Semester 2019/2020

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Reference List: https://www.englishclub.com



Here are 5 simple rules to help you avoid mistakes in English grammar.

I) Grammar Rules

1. A sentence starts with a capital letter and ends with a period/full stop, a question mark or an exclamation mark.

Punctuation Marks

The following table of commonly used English punctuation marks shows:

- a graphical representation of each punctation mark (black) with text block (grey)
- name of punctuation mark with link to more information
- very simple example sentence (more examples on individual pages)

punctuation mark	name	example
full stop or period		I like English.
,	comma	I speak English, French and Thai.
•	semi-colon	I don't often go swimming; I prefer to play tennis.

- 2. The order of a basic positive sentence is Subject-Verb-Object. And the subject and verb must agree in number, that is a singular subject needs a singular verb and a plural subject needs a plural verb.
 - John practices Tennis.
 - Mahrez plays in Manchester City FC.
- 3. Adjectives usually come before a noun
 - I have a **big** dog.
 - Messi is a **famous Argentinian** football player.
- 4. Use the indefinite article *a/an* for countable nouns in general. Use the definite article *the* for specific countable nouns and all uncountable nouns.
 - I saw a bird and a balloon in the sky. The bird was blue and the balloon was yellow.
 - He always saves some of **the money** that he earns.
- 5. Use the indefinite article *a* with words beginning with a consonant sound. Use the indefinite article *an* with words beginning with a vowel sound.
 - a cat, a game of golf, a human, a Frenchman, a university (you-ni-versi-ty)
 - an apple, an easy job, an interesting story, an old man, an umbella, an honorable man (on-o-ra-ble)

1.1 Grammar Rules Quiz

be
○ a large letter ○ a capital letter
2. The order of a basic positive sentence is
 Subject-Verb-Object Verb-Object-Subject
3. The terms "its" and "it's" have
○ the same meaning ○ different meanings
4. Which is correct?
○ You're looking good ○ Your looking good
5. Adjectives usually come
○ before a noun ○ after a noun
Answers: 1. A capital letter 2. SVO 3. Different meaning 4. You're looking good 5. Before a noun

1.2 Parts of Speech

What is a Part of Speech?

We can categorize English words into **9 basic types** called "parts of speech" or "word classes". It's quite important to recognize parts of speech. This helps you to analyze sentences and understand them. It also helps you to construct good sentences.

part of speech	function or "job"	example words	example sentences
Verb	action or state	(to) be, have, do, like, work, sing, can, must	EnglishClub is a web site. I like EnglishClub.
Noun	thing or person	hing or person pen, dog, work, music, lives in not town, London, teacher, John	
Adjective	describes a noun	good, big, red, well, interesting	My dogs are big . I like big dogs.
Determiner	limits or "determines" a noun	a/an, the, 2, some, many	I have two dogs and some rabbits.
Adverb	describes a verb, adjective or adverb	quickly, silently, well, badly, very, really	My dog eats quickly . When he is very hungry, he eats really quickly.

Pronoun	replaces a noun	I, you, he, she, some	Tara is Indian. She is beautiful.
Preposition	links a noun to another word	to, at, after, on, but	We went to school on Monday.
Conjunction	joins clauses or sentences or words	and, but, when	I like dogs and I like cats. I like cats and dogs. I like dogs but I don't like cats.
Interjection	short exclamation, sometimes inserted into a sentence	oh!, ouch!, hi!, well	Ouch! That hurts! Hi! How are you? Well, I don't know.

Parts of Speech Examples

Here are some examples of sentences made with different English parts of speech:

verb	
Stop!	

noun	verb
John	works.

noun	verb	rb verb	
John	is	working.	

pronoun	verb	noun	
She	loves	animals.	

noun	verb	noun	adverb	
Tara	speaks	English	well.	

noun	verb	adjective	noun	
Tara	speaks	good	English.	

pronoun	verb	preposition	determiner	noun	adverb
She	ran	to	the	station	quickly.

pron.	verb	adj.	noun	conjunction	pron.	verb	pron.
She	likes	big	snakes	but	I	hate	them.

word	part of speech	example
work	noun	My work is easy.
	verb	I work in London.
but	conjunction	John came but Mary didn't come.
	preposition	Everyone came but Mary.
well	adjective	Are you well?
	adverb	She speaks well.
	interjection	Well! That's expensive!
afternoon	noun	We ate in the afternoon .
	noun acting as adjective	We had afternoon tea.

1.2.1 Part of Speech Quiz

1. I bought a beautiful dress at the mall.
 preposition
○ adjective
○ noun
2. What did she ask you to do?
○ conjunction
 preposition
○ pronoun
3. I left my shoes under the kitchen table.
○ adjective
 preposition
○ pronoun
4. If we finish our work quickly we can go to the movies.
○ adverb
○ conjunction
○ verb
Answers: 1. Adjective 2. Pronoun 3. Preposition 4. Adverb 5. Verb 6. Noun 7. Verb 8. Interjection 9. Conjunction 10. Preposition

5. On Saturdays I work from nine to five.
○ verb
preposition
○ adverb
6. I want to go to a university in the United States.
○ adjective
○ preposition
○ noun
7. I'm sure I've met your friend before.
○ verb
 preposition
○ interjection
8. Well, I don't think I'll be home before 6.
8. Well, I don't think I'll be home before 6. output interjection
○ interjection
interjectionpreposition
interjectionprepositionpronoun
 interjection preposition pronoun 9. Andy knocked on the door but nobody answered.
 interjection preposition pronoun 9. Andy knocked on the door but nobody answered. adverb
 interjection preposition pronoun 9. Andy knocked on the door but nobody answered. adverb adjective
 interjection preposition pronoun 9. Andy knocked on the door but nobody answered. adverb adjective conjunction
 interjection preposition pronoun 9. Andy knocked on the door but nobody answered. adverb adjective conjunction 10. After lunch let's go out for a coffee.

1.3 Verb Forms

In this lesson we look at the forms of **main verbs** and **helping verbs** followed by a quiz to check your understanding.

	base V1	past simple V2	past participle V3	present participle	3rd person singular present simple	#
reg.	work	worked		working	works	4
irreg.	cut			cutting	cuts	3
	make	made		making	makes	4
	sing	sang	sung	singing	sings	5
	have	had		having	has	4
	do	did	done	doing	does	5
	base	past simple (2 forms)	past participle	present participle	present simple (3 forms)	#
	be	was were	been	being	am are is	8

Remark: Most verbs have 3, 4 or 5 **forms**. But the verb "be" has 8 forms.

In the above examples:

• cut has 3 forms: cut, cutting, cuts

• work has 4 forms: work, worked, working, works

• sing has 5 forms: sing, sang, sung, singing, sings

• be has 8 forms: be, was, were, been, being, am, is, are

1.3.1 Verb Forms Quiz

1. A bird sang to me this morning.
 third person singular present
 past simple
○ base
2. They have been playing tennis all day.
○ base
 present participle
 present simple
3. I don't think he will guess the answer.
 past simple
 third person singular present
○ base
4. Have you baked the cookies yet?
○ base
 past participle
 present participle

Answers: 1. past simple 2. present participle 3. base 4. base 5. past participle 6. base 7. third person singular present 8. present participle 9. past simple 10. third person singular present

3. Had they infisited before you arrived:
 past simple
○ base
 past participle
6. I asked your brother to drive us there.
○ base
 past simple
 present participle
7. It is a sunny day today.
 past simple
 third person singular present
 past participle
8. We are in the kitchen doing the dishes.
 present simple
present simplepresent participle
o present participle
present participlebase
present participlebase9. He was feeding the dogs.
present participlebase9. He was feeding the dogs.base
 present participle base 9. He was feeding the dogs. base past simple
 present participle base 9. He was feeding the dogs. base past simple past participle
 present participle base 9. He was feeding the dogs. base past simple past participle 10. He walks to my car with me at night.

1.4 Irregular Verbs List with Translation into Arabic

nfinitive	Simple Past	Past Participle	Infinitive	Simple Past	Past Participle
پکون oe	was, were	been	العمر lend	lent	lent
بهزم peat	beat	beaten	يدع let و	let	let
وصبح pecome	became	become	يسئلقي lie	lay	lain
يبدأ pegin	began	beaun	يضيء light	lit	lit
vite بعض	bit	bitten	بخس،بنق lose	lost	lost
يهب، ينفخ volow	blew	blown	make بجعل، بصنع	made	made
رکسر preak	broke	broken	پعنی،بقصد mean	meant	meant
رجاب oring	brought	brought	meet پقابل	met	met
يبنى ouild	built	built	pay يدفع	paid	paid
يستري ouy	bought	bought	put يضع	put	put
يمسك catch	caught	caught	read بقراً	read	read
بخدّار choose	chose	chosen	ride يمتطي	rode	ridden
يائي come	came	come	ring برن	rang	rung
بكلف cost	cost	cost	rise يركف	rose	risen
يقطع cut	cut	cut	run پجري	ran	run
يحض dig يحف gib	dug	dug	يقول say	said	said
يعمل ob يعمل ob	did	done	see يرى	saw	seen
يرسم draw	drew	drawn	sell پېږم	sold	sold
يترب drink	drank	drunk	يرسل send	sent	sent
drive بقود	drove	driven	يهز برصافح shake	shook	shaken
eat بأكل	ate	eaten	shut يخلق	shut	shut
يسقط all	fell	fallen	يغنى sing	sang	sung
يطعم،يغذي eed	fed	fed	يغرق sink	sank	sunk
eel پشعر	felt	felt	يجلس sit	sat	sat
يقاتل ight	fought	fought	sleep ينام	slept	slept
تnd بجد	found	found	speak تبصني	spoke	spoken
يطير ly	flew	flown	يصرف/يقضيspend	spent	spent
نسى orget	forgot	forgotten	spread پنتشر	spread	spread
get يحصل	got	gotten / got	stand يقف	stood	stood
ي <mark>عطى give</mark>	gave	given	يسرق steal	stole	stolen
يذهب ٥٥	went	gone	sweep بكش	swept	swept
ينمو ،يزرع grow	grew	grown	swim بسبح	swam	swum
nave بمثلك	had	had	take بأخذ	took	taken
بسمع near	heard	heard	teach پُسِس	taught	taught
بخفی nide	hid	hidden	tell يخير	told	told
بنی مادند بضرب nit	hit	hit	think يعنف	thought	thought
يمسك nold	held	held	یرمی throw	threw	thrown
بجرح nurt	hurt	hurt	understand يفهم	understood	understood
رحفظ ceep	kept	kept	wake بسترقظ	woke	woken
رکع kneel	knelt	knelt	wear پرشي	wore	worn
بعرف now)	knew	known	win يفوز	won	won
بقود(لاشخاص) ead	led	led	write بكثب	wrote	written
eave يغادر	left	left			

1.4.1 Irregular Verbs Quiz

Choose the **correct form** of the verb in each sentence:

1. Have you your lost dog yet?
○ find ○ found
2. She spoke too softly. I couldn't her.
○ hear ○ heard
3. But we heard everything she
○ say ○ said
4. We went shopping and I a new pair of jeans.
○ buy ○ bought
5. Did you well last night?
○ sleep ○ slept
6. What's that smell? You didn't the sausages, did you?
○ burn ○ burnt
7. You haven't all that money already, have you?
○ spend ○ spent
8. The holes must've been by our neighbour's dog.
○ dig ○ dug
9. When did you start to English?
○ learn ○ learnt
10. Luckily I had my savings in the bank instead of buying shares.
○ keep ○ kept

Answers: 1. found 2. hear 3. said 4. bought 5. sleep
6. sleep 7. spent 8. dug 9. learn 10. kept

II) English Vocabulary

2.1 General Sports Vocabulary

amateur

The Olympic Games were originally for amateur athletes only. engaged in something, like playing sports, without payment; non-professional

award

All the members of the winning team were awarded a gold medal. to give someone something as a reward for high achievement

beat

Italy beat France to win the 2006 FIFA World Cup. to defeat someone in a game or a competition

coach

Players should carry out their coach's instructions during a game. a person who trains and directs an athlete or a sports team

cup

After they won the final game, the winners were awarded the Championship Cup. a cup-shaped trophy, awarded as a prize in a contest

defeat

Our players were very happy after they defeated their opponents in the final game.

to win a victory over opponents in a game or contest; to beat

draw

The score was 1-0, but the losing team got a late goal and the game ended in a 1-1 draw.

to finish a contest or game with an even score; tie

fan

Sometimes the umpire of a tennis match has to tell noisy fans to be quiet. a person who supports a particular sport, team or player

offside

Forwards have to learn how to avoid being caught in an offside position.

In an illegal position ahead of the ball (in football, rugby, hockey, etc.)

opponent

Roger Federer's opponent in the Wimbledon final was Rafael Nadal. the person one competes against in a contest or a game; rival

penalty

The penalty for abusing a referee is usually a one-match suspension.

a punishment imposed on a player or team for breaking the rules of a sport

referee

The referee saw a foul, blew his whistle and awarded a free kick. a sports official with authority to make rulings during a contest

trophy

The players carried the trophy over their heads as they ran around the stadium. a decorative object awarded as a prize in a contest or a tournament

victory

The players had worked very hard, and they deserved their victory. the act of winning a game or contest

whistle

The referee blew his whistle twice to signal the end of the match.

a small instrument that makes a high-pitched noise when blown

2.1.1 General Sports Vocabulary Quiz
1. A tennis player serves the ball to his or her
teammate
opponent
referee
2. Golf is played on a golf
field
court
course
3. What do Rugby players often do to their opponents?
hug them
tackle them
whistle them
4. The scores were tied at the end, so the game was a
draw
victory
defeat
5. After winning the tournament, Anna held up her
victory
trophy

pride

6. Which of these words is the opposite of "professional"?
terrible
leisure
amateur
7. The referee should award a penalty if a player breaks one of the
rules
records
opponents
8. In athletics, the 400 metre race is one of the most exciting
tournaments
games
events
9. Which of these words has a similar meaning to "tactics"?
talent
strategy
fitness
10. A swimming coach's job is to
 train swimmers
 rescue swimmers
 cheer on swimmers
Correct answers:
1. opponent 2. course 4. draw 5. trophy 6. amateur 7. rules 8. events 9. strategy 10. train swimmers

2.3 Olympic Games Vocabulary The Modern Olympics

Olympic Games Revived

The idea to revive the Olympic Games was suggested in the mid-nineteenth century, and by 1894 the International Olympic Committee (IOC) was formed. Then in 1896 the first modern Olympic Games were held in Athens, Greece.

The modern version of the games involves two competitions; the Summer Olympics and the Winter Olympics. These are separate events which take place in different years and in different locations.

The Summer Olympics is a much bigger competition and includes events such as athletics (or 'track and field'), swimming, diving, boxing, wrestling, cycling, basketball, sailing, rowing, football, hockey, tennis, equestrian, shooting, weightlifting, gymnastics, etc. It occurs every four years.

The Winter Olympics includes events such as skiing, ski jumping, speed skating, figure skating, ice hockey, curling, bob sleigh, etc. The Winter Olympics also occurs every four years (but separated from the Summer Olympics by two years).

Since 1960, the Paralympic Games have been held in the same year as the Olympic Games. The Paralympics are for athletes with physical disabilities, with events ranging from basketball, archery and tennis for wheelchair athletes to swimming and running events for athletes missing one or more limbs. There are both Summer Paralympics and Winter Paralympics, and they are held just after their respective Olympic Games.

2.3.1 Olympic Games Vocabulary Quiz1. The Olympic Games are ____ every four years.

1. held 2. Committee 3. place 4. represent 5. events
Correct answers:
○ represent
○ support
○ symbolize
4. Athletes go to the Olympic Games to their country.
○ up
○ over
○ place
3. Where will the next Winter Olympics take?
○ Community
○ Committee
○ Competition
2. The IOC is the International Olympics
○ held
○ made
○ put

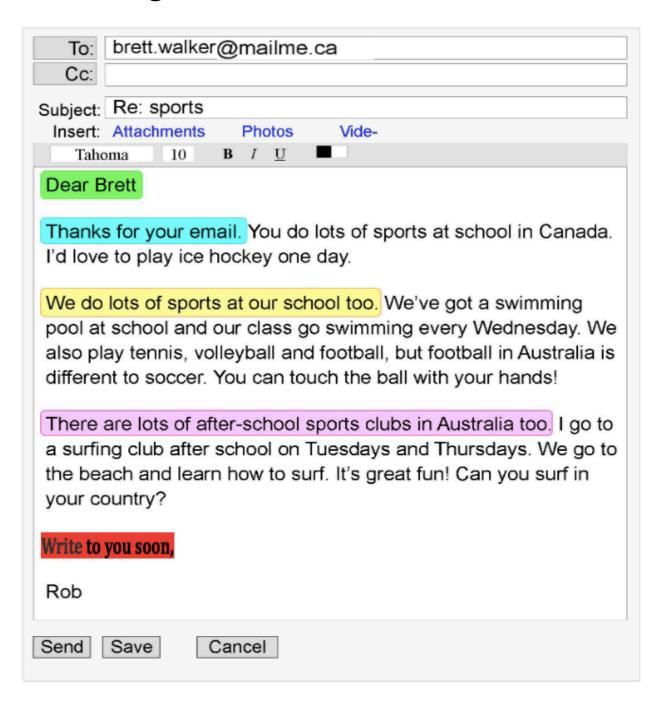
9. spirit

10. ability

6. ceremonies 7. spectators 8. score

5. The swimming are being held in a newly-built pool.
○ games
○ competitors
○ events
6. Medals are presented during the awards
○ parades
○ ceremonies
○ celebrations
7. Thousands of were cheering on their favourite athletes.
○ sponsors
○ referees
○ spectators
8. In events like diving and gymnastics, judges give each performance a
○ point
○ score
○ cheer
9. The Olympics are often called a celebration of the human
○ spirit
○ being
○ body
10. Athletes try to perform to the best of their
○ image
○ spirit
○ ability

2.3 Writing an Email



Top Tips for writing

- 1. Begin your email 'Dear' + name.
- 2. Begin your email with thanks or the reason you are writing.
- 3. This paragraph has got one idea.
- 4. This paragraph has got another idea.
- 5. End your email Write to you soon, + your name.

Sincerely, Yours,

2.3.1 Writing an Email Quiz

An email about sports

Are the sentences true or false?

1. Rob is from Canada.
○ True ○ False
2. Rob wants to try ice hockey.
○ True ○ False
3. There is a swimming pool at Rob's school.
○ True ○ False
4. Rob goes swimming on Tuesday and Thursday afternoons.
○ True ○ False
5. Rob thinks football in Australia and soccer are the same.
○ True ○ False
6. Rob often goes to the beach.
○ True ○ False

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Answers: 1. False 2. True 3. True 4. False 5. False 6. True